



Jomsom Muktinath Trek - 15 Days

Jomsom Muktinath Trek is a very exciting and unique trek in the Annapurna and Mustang region of Nepal. Mustang region is famous for its unique and dry landscape with magnificent Himalayan ranges. The influence of Thakali, Gurung and Magar community can be found in this area. Kali Gandaki valley (Jomsom – Muktinath) area is situated at north of Pokhara. In addition, this region is known for some of the most abrupt altitude variations experienced in Nepal. A magnificent sunrise at Poon Hill, before descending Tatopani (hot spring) and then we encounter the World's deepest gorge, where the powerful Kali Gandaki River has cut deep through the Himalaya between the massive peaks of Dhaulagiri and Annapurna.

Jomsom is the center of Mustang region and a small airstrip is located in Jomsom from where the flights between Pokhara and Jomsom are operated daily basis. Jomsom is a large town: the administrative headquarters of the Lower and Upper Mustang region. It is also the major village along the Kali Gandaki Valley, linking the age old Trans-Himalayan salt Trade route from India to Tibet. Muktinath, located in the popular grove, is a sacred shrine and pilgrimage site for Hindus and Buddhists. The Mahabharata, the ancient epic written about 300 B.C, Muktinath as Shaligram because of its ammonite fossils called Shaligrams. Brahma, the creator, made an offering here by lighting a fire on water. You can see this miracle (burning natural gas) in a small Buddhist Shrine (Gomba) below the main Hindu Temple. From this trek we can see the beautiful mountains Machhapichhare (Fishtail), Annapurna Range, Nilgiri, Dhaulagiri and many other peaks of the Himalayas. At the end of the trip we will fly from Jomsom to Pokhara and drive from Pokhara to Kathmandu.

Duration: 15 Days

Cost: USD 1250

Destination: Nepal

Day 01: Arrival in Kathmandu: (1400).

Upon arrival at International Airport in Kathmandu, you will be welcomed by our representatives and transferred to hotel. Today you are free and easy to spend time on your own. In the evening we will proceed for welcome dinner hosted by our company.

Dinner Included

Day 02: Kathmandu sightseeing & Trek Preparation (B).

Today you will take a half day guided Kathmandu sightseeing of World Heritage site. You will be visiting Kathmandu Durbar Square and Swoyambhunath Stupa. After the sightseeing, we will be doing the necessary preparation for the trip. You may also wish to buy some trekking gears such as Jackets, hats, t-shirt, walking stick, trekking bags etc which is easily found near your hotel.

Breakfast included

Day 03: Drive to Pokhara (827m) – 7 hours drive.

Today we will drive to Pokhara, the second largest and the most beautiful city in Nepal. Pokhara is famous for breathtaking views of Mt. Fishtail and Annapurna mountain ranges and beautiful lakes.

On arrival in Pokhara, check in to hotel and free time to explore the lake side area.

Breakfast included

Day 04: Drive to Nayapul & trek to Tirkhedhunga (1480m) – 2 hours drive and 5 hours trek.

After breakfast, drive to Nayapul which is the starting point of our trekking. On reaching Nayapul, we will get ready and trek to Tirkhedhunga. The trek will take us around 5 hours to reach our destination for today.

Breakfast, Lunch & Dinner included

Day 05: Trek to Ghorepani (3210m) - 6 hours.

Today we will hike through rhododendron forest and reach a hamlet of cultivated fields. Continue walking for 3 hours and finally you will find yourself in Ghorepani. Ghorepani is a popular area in the Annapurna region as it is a beautiful place and also the starting point for a short hike to Poon Hill to watch the amazing sunrise and Himalayan Panoramas. Ghorepani also houses family run lodges to provide food and accommodation to travelers.

Breakfast, Lunch & Dinner included

Day 06: Trek to Tatopani (2400m) - 6 hours.

Early morning we will trek to Poonhill for around one hour which is an excellent view point for sunrise and the amazing Dhaulagiri range. Enjoy the beautiful scenery and trek back to Ghorepani and enjoy your breakfast. Then we will proceed to Tatopani meaning Hot Spring which is a popular spot for travelers travelling to the Mustang region.

Breakfast, Lunch & Dinner included

Day 07: Trek to Ghasa (2113m) - 6 hours.

Today we will start our trek towards Ghasa. The trail follows the Kali Gandaki River which flows under the deep gorge. We will continue along Dana and Rupsa Waterfall and Kopchepani as well. Further continuing through the trail, we will reach the Thakali village or Ghasa which is considered a paradise for bird watchers.

Breakfast, Lunch & Dinner included

Day 08: Trek to Marpha (2650m) - 5 hours.

Today we will take a steep climb through the forest which will take us to Lete Khola and finally to Lete. We continue our walk to reach Larjung Village. From Larjung, we cross the trail via Tukuche and finally at

Marpha. Marpha is a small beautiful village with narrow lanes and houses painted white. It is a very beautiful and unique place to explore and take photos. Marpha is known as the Apple Kingdom of Nepal as it produces very good quality apples in a good quantity during the apple season. Marpha apple brandy is also quite popular which is produced in Marpha.

Breakfast, Lunch & Dinner included

Day 09: Trek to Kagbeni (2810m) - 5 hours.

Today we will continue our trail along the side of the valley and will be rising gradually before crossing over a low ridge to Jomsom village. Jomsom is the center and most popular place in Mustang region which have an airstrip and have flight to and from Pokhara every day. We continue our trek and can feel that it is quite windy from Jomsom onwards. Our trek will take a gradual path on the Kali Gandaki River bed for around 3 hours before we finally reach Kagbeni. Kagbeni is an old and historical village with beautiful Charm.

Breakfast, Lunch & Dinner included

Day 10: Trek to Muktinath (3710m) - 6 hours.

Today we will start our trek to Muktinath. We will have scenic picturesque places to stop by. And from Kagbeni the path climbs steeply to rejoin the direct trail leaving to Khingsar. Our trail finally climbs through a desert landscape till Jharkot village to finally reach Muktinath. Muktinath is a beautiful place located at a height of 3710m and commands beautiful Himalayan Panorama. Beside from the beautiful sceneries Muktinath is famous for Holy Muktinath Temple which is worshipped by both Hindus and Buddhists. Thousands of pilgrims visit Muktinath Temple for prayers every year.

Breakfast, Lunch & Dinner included

Day 11: Trek to Jomsom (2743m) – 6 hours.

In the morning we will visit Muktinath Temple which is of great importance to both Hindus & Buddhists. The temple is dedicated to Lord Vishnu. We will visit the temple and explore the area in the morning and then leave for Jomsom where we will stay for the night.

Breakfast, Lunch & Dinner included

Day 12: Fly to Pokhara (827m) – 20 minutes.

Enjoy the spectacular views of Nilgiri Mountain from Jomsom in the morning. We will then proceed to Jomsom Airport for flight back to Pokhara. Upon reaching Pokhara, you are free to explore the beautiful Pokhara valley. You can do some shopping or indulge in adventure activities such as Paragliding, Zip flyer etc or simply rest and relax in the cool and cozy cafe and pub.

Breakfast included

Day 13: Drive to Kathmandu – 7 hours.

Today we will drive back to Kathmandu enjoying the beautiful sceneries of hills and greeneries and passing by many rivers. On arrival in Kathmandu check into your hotel and you are free on your own.

Breakfast included

Day 14: Free Day in Kathmandu..

Today is a free day for you in Kathmandu. You can opt for sightseeing tours or just wander on your own in Thamel area. You can find lots of restaurant, cafe and pubs in Thamel along with many shops for shopping.

In the evening we will proceed for a farewell dinner with cultural show hosted by our company to celebrate the successful completion of your trek.

Breakfast & Dinner included

Day 15: Departure.

Today you have free time until you departure time to Airport for flight back home with beautiful Himalayan memories.

Breakfast included

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