



## **Mardi Himal Trek - 11 Days**

Mardi Himal trek is an ideal choice for trekkers who are looking for quiet and isolated routes in the Annapurna Region. The trek is also a good choice for those who are looking for an ‘off the beaten path’ trekking experience in Nepal. Since it is bit isolated the trek is less touristy but there is presence of tea house for overnight stays. The trip covers some of the breathtaking glacial valleys and the hidden landscape of Annapurna. The trail is quite rough and slippery till Mardi Himal Base camp but after all the effort, the scenery is amazing. This route which lead up to Mardi Himal base camp has beautiful views of Forests, beautiful villages, valleys, rivers, terraced farms and the mesmerizing views of Annapurna, Machhepuchhre (Fishtail) and Huichuli.

We start this trip with a drive from Kathmandu to Pokhara and then a short drive from Pokhara to Phedi on the next day. Phedi is the starting point of our trek which will later lead us to Deurali, Forest Camp, Low Camp, and High Camp with upper view point from where we can have excellent views of Mardi Himal and other Himalayan panoramas.

**Duration:** 11 Days

**Cost:** USD 980

**Destination:** Nepal

### **Day 01: Arrival in Kathmandu 1400m.**

Upon arrival at International Airport in Kathmandu, you will be welcomed by our representatives and transferred to hotel. Today you are free and easy to spend time on your own. You may also wish to buy some trekking gears such as Jackets, hats, t-shirt, walking stick, trekking bags etc which is easily found near your hotel. In the evening we will proceed for welcome dinner hosted by our company.

**Dinner included**

### **Day 02: Drive to Pokhara (800m) – 7 hours drive.**

Today we will drive to Pokhara valley which is also known as the “Dreamland of Nepal” due its beautiful landscape, lakes and amazing mountain views. After arriving in Pokhara, check in to the hotel. In the evening we will proceed for boating in Fewa Lake for an hour and free time to explore the lake side area.

**Breakfast included**

### **Day 03: Drive to Phedi and trek to Deurali (2100m/6,720ft): 30 minutes drive, 4-5 hours trek.**

After breakfast, we will take a short drive to Phedi from where our trek to Mardi Himal Commence. The very beginning of the trek starts with steep stone steps and later we pass by villages, terraces fields and forests to reach Dhampus. Dhampus is a popular short trek in the Annapurna region. From Dhampus we will

march ahead to Deurali, which is a small beautiful village situated on a ridge. Deurali offer panoramic views of Annapurna South, Machhapuchhre and Mardi Himal. Enjoy the spectacular views from your tea house and overnight.

**Breakfast, Lunch & Dinner included**

**Day 04: Deurali to forest camp (2,520m/8064ft): 6-7 hours.**

Today we will start our trek from Deurali to Forest Camp. We will walk on the plain way for about an hour and pass through the road which is dotted with Pine forest before entering the Rhododendron forest which looks very colourful. Later we will walk through the quiet trail to reach Forest Camp.

**Breakfast, Lunch & Dinner included**

**Day 05: Forest Camp to low camp (2970m/9504ft): 5-6 hours.**

Today's walk is also a beautiful and interesting walk as the path is full of beautiful forests. We will walk for around 5 hours to reach Forest Camp where we will have fantastic views of Mt. Machhapuchhre (Fishtail). We can explore the area if we are free.

**Breakfast, Lunch & Dinner included**

**Day 06: Low camp to high camp (3540m/11,328ft): 3-4 hours.**

Today we will trek uphill alongside a ridge towards Mardi Himal and Macchhapuchhre. The area starts to look drier as the tree lines start getting thinner and the area mostly consists of shrubs with isolated rhododendron bushes along the trail. We may have a chance to spot the Daphne pheasant (national bird of Nepal) on our way to high camp. We ascend up to the high camp, which will be the final destination of the day. From here the mountain views are stunning.

**Breakfast, Lunch & Dinner included**

**Day 07: High camp to upper viewpoint (4250m/13600ft), return back to high camp: 2-3 hours.**

On our trek to the upper viewpoint we ascend and descend, and sometimes on a steep and narrow trail. Our trail passes through pastures and we hike along a narrow ridge before reaching the Upper Viewpoint. The view of the Himalayan vista from here is amazing and beautiful. We will see Mardi Himal (5587m), Annapurna I (8091m), Annapurna south (7219m), Hiunchuli (6441m), Baraha Shikhar (Mt. Fang) (7647m), Tent Peak (5695m), Singhachuli (6501m), Machapuchhre (6993m) and many other peaks. We trek back to the high camp for an overnight stay.

**Breakfast, Lunch & Dinner included**

**Day 08: High camp to Sidhing Village (1700m/5440ft): 6-7 hours.**

We take a different route in high camp that takes us to Sidhing instead of going back down to Mardi Himal. The different route lets us experience something different and makes our trek exciting. Sidhing offers a quiet stay for trekkers as it is tucked away from the busier trails. Overnight at Sidhing.

**Breakfast, Lunch & Dinner included.**

**Day 09: Trek to Lumre, drive back to Pokhara: 2-3 hours trek, 2 hours drive.**

Today we will have an early breakfast and walks towards Lumre from where we will take a drive back to Pokhara. On reaching Pokhara check in to your hotel and you are free for the day to explore the beautiful Lake side area.

**Breakfast, Lunch & Dinner included.**

**Day 10: Drive to Kathmandu – 7 hours.**

After breakfast, we will drive back to Kathmandu enjoying the beautiful sceneries and crossing many hills and rivers. After reaching Kathmandu check in to your hotel and you have short time to refresh. In the evening we will proceed for farewell dinner with cultural show in a traditional Nepalese restaurants hosted by our company to celebrate the successful completion of your trek.

**Breakfast & Dinner included**

**Day 11: Departure to Airport.**

Today you will have free time until your flight time. Our representative will come to pick you up from your hotel and transfer to the Airport.

**Breakfast included**

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