



## **In And Around Kathmandu Valley Tour - 8 Days**

This trip is one of the best trips of Kathmandu and its surrounding areas for those who want to explore and experience the traditional and cultural side of Nepal. There will be visits of different UNESCO World Heritage sites, old villages, Temples and Stupas, and outskirts of Kathmandu valley which are green and beautiful. Nepal is a country of great bio diversity and ethnicity, and this trip will cover most of it in Kathmandu and its outskirts. It will also offer you to experience different lifestyle of the local people.

**Duration:** 8 Days

**Cost:** USD 1000

**Destination:** Nepal

### **Day 01: Arrival in Kathmandu and transfer to hotel.**

Upon arrival in Kathmandu, you will be met with our representative and a warm garland welcome. Drive to hotel and check in.

### **Day 02: Kathmandu Sightseeing of World Heritage Sites and old towns.**

Today we will visit the 2000 years old **Swyambhunath Stupa, (UNESCO World Heritage Site)** also known as "Monkey temple" The temple charms with its great dazzling Stupa, while at the same time, offering a view of Kathmandu city. The two-thousand year-old Stupa is the most profound expression of Buddhist symbolism in Nepal. There's evidence to believe the hill was used for animist rites even before Buddhism arrived in the valley two thousand years ago.

Then we will be visit **Kathmandu durbar square, (UNESCO World heritage site)**. Kathmandu Durbar Square is the historic place that was also a politically important site until recently. The Kings of Nepal were crowned and their coronation ceremony was solemnized in this durbar square. The Durbar Square, with its old temples and palaces, epitomizes the religious and cultural life of the people. The temples, monuments, and palaces are believed to have been built by the Malla kings of the Medieval Nepal.

Then we will visit **Patan Durbar Square (UNESCO World Heritage Site)**. Patan Durbar Square complex is perhaps the most photographed of the three durbar squares. Located in the heart of Patan city, this was once the palace of the kings of Patan. The square is a display of Newari architecture that had reached its pinnacle during the reign of Malla kings who were great builders and patrons of the arts.

### **Breakfast Included**

### **Day 03: Kathmandu – Bhaktapur 45 mins drive – Dhulikhel 1 hour drive.**

After breakfast we will visit the **Great Stupa of Boudhanath (UNESCO World Heritage Site)** a vast dome-shaped monument representing the Mind of the Buddha. It is the primary pilgrimage destination for

Tantric Buddhists of the Himalayas and a major draw for Tibetan Buddhists from all over the planet. The history of the Stupa from its origins in the fifth century to the present day is also presented here for the first time.

We will then visit **Pashupatinath Temple. (UNESCO World Heritage Site)**. Pashupatinath is one of the holiest pilgrimage destinations for all the Hindus of the world. The temple is dedicated to Lord Shiva, one of the trinity and the guardian (patron) deity of Nepal. This is one of the oldest temples, situated on the banks of the Holy Bagmati River. It is double – roofed golden temple with four triple silver doorways. Pashupatinath covers an area of 281 hectares, which is one of the biggest temple complexes in Nepal. Although Pashupatinath Temple was only built in the fifth century and later renovated by Malla kings, the holy site is said to have existed from the beginning of the millennium.

Then we will visit to **Bhaktapur, (UNESCO World Heritage Site)** which is one of the oldest towns in Kathmandu which was previously known as Bhad Gaon. Bhaktapur is filled with monuments, most terracotta with carved wood columns, palaces and temples with elaborate carvings, gilded roofs, and open courtyards. The city is dotted with pagodas and religious shrines. The Art Gallery has a fascinating collection of ancient manuscripts, Thangkas, centuries-old stone sculpture, antique paintings that belong to the Hindu and Buddhist traditions of various periods.

After Bhaktapur, we will drive to Dhulikhel which is a beautiful village near to Bhaktapur. Check in to hotel and free time. Namobuddha which is a small village located very close to Dhulikhel.

### **Breakfast Included**

#### **Day 04: Sightseeing of Namobuddha & Panauti.**

Today morning we will have an excellent view in the morning from Dhulikhel.

After breakfast we will have a tour of **Namobuddha**. We will explore the area and visit the famous Monastery of Namobuddha. We will also visit to the site where Buddha, previously as a Prince during his meditation life gave flesh of his body to feed the hungry tigress and her cubs. There will be a visit to the cave in Namobuddha and the Stupa and the place where the relics are kept. Namobuddha is considered as one of the most religious Buddhist pilgrimage sites in Nepal.

We will then take a mild hike or walk for about 1.5 hours to reach Village of **Panauti**.

**Panauti** is a small village development committee on the outskirts of Kathmandu valley. Panauti is one of the oldest towns in Nepal, consisting of many temples that are still present till this day dating back to 15th century or earlier. Panauti is a quaint and interesting destination in Nepal which has a feel that it has been left exactly the way the founders have built the town. A nostalgic atmosphere covers the narrow town streets and ancient structures.

We will walk and explore the village areas connecting to Panauti and the surrounding areas. Drive back to your hotel in Dhulikhel.

### **Breakfast Included**

#### **Day 05: Budanilkantha – Kathmandu Sightseeing.**

After breakfast we will drive back to Kathmandu and visit **Budanilkantha** which is around 8 km north from the heart of Kathmandu. Budanilkantha is a sacred place where people come to worship Vishnu. It is called Budanilkantha which literally means “Old Blue Throat”. There is an open air Hindu Temple where 5m (17 ft.) long reclining Vishnu is lying on the 13m (43 ft.) long water tank. There is Jalasayan Narayana lying on

the cosmic ocean on the bed of Ananta Shesha and 11 hooded snakes. It is believed that the idol was carved in the 7th or 8th century in the Lichhavi period. Vishnu is sleeping with his legs crossed and holding conch shell, disc, club and bibhuti on his hands. The site is on the lap of Shivapuri national park and it is full of serene beauty. There are other small shrine dedicated to Shiva, Ganesha and Laxmi. This is the famous place for performing Hindu ritual activities like ritual thread ceremony, marriage and so on. The main festival celebrated here is Haribodhaani Ekasdashi which falls on late October or early November.

We will also walk and explore the area of Shivapuri National Park and drive back to hotel.

### **Breakfast Included.**

### **Day 06: Kathmandu Culture & Heritage Sightseeing.**

Today morning we will visit **Kirtipur**. Kirtipur is located 5 km from the centre of Kathmandu. In Nepali dialect Kirtipur means "a glorious town". Looking down from its natural order it has been the scan of many historic battles and many important moments in Nepal's history. History says that the ancient city Kirtipur was founded by Shiva Deva between 1099 AD. Kirtipur town is a harmonica convergence of Buddhist and Hindus.

After Kirtipur, we will drive to **Dakshinkali**. Dakshinkali is famous for several centuries old Hindu **Temple of Kali**. The temple is located around 22 kilometres from Kathmandu. Thousand of Hindu devotes visit the temple every day to pray.

On the way back from the temple, we will visit **Pharping** is a small newar town lying above the Bagmati river on the southern edge of Kathmandu valley. The town and its surrounding areas have site of several important Buddhist pilgrimage as well as number of Buddhist monasteries as well as meditation centres.

In the evening we will proceed for a **farewell dinner with cultural show** in a traditional Nepalese restaurant.

### **Breakfast & Dinner Included.**

### **Day 07: Free Day.**

Today is a free day for you in Kathmandu. You can rest or relax or can explore Kathmandu valley on your own.

### **Day 08: Kathmandu - Airport.**

After breakfast we will drive you to the Airport. Our representative will bid you farewell and thank you for your visit.

End of the tour.

Address: Kupondole 1, Lalitpur, Nepal, Contact No.: 9818911461 , Email: info@matnepal.com