



Outdoor Adventure In Nepal - 10 Days

This adventure trip is for individuals who are seeking for some adventure in a beautiful and unique destination like Nepal. Nepal has great bio diversity, unique culture and tradition, historical background and amazing adventurous activities. This trip includes some of the popular and famous adventure activities which individual of all walks of life can experience.

Kathmandu is the capital city and largest city of Nepal and also the largest metropolitan in the Himalayan hill region. Kathmandu is and has been for many years the centre of Nepal's history, art, culture and economy. It has a multiethnic population within a Hindu and Buddhist majority. Kathmandu valley has many UNESCO World Heritage Sites which are rich in traditional arts & architectures, interesting history & cultures and unique lifestyle of the people.

Pokhara is a charming & scenic place with the presence of many beautiful lakes and amazing Fish tail and Annapurna mountain ranges in the background. Pokhara is known as a gateway to the Annapurna Circuit, a popular trail in the Himalayas. Pokhara is the major tourism Hub in Nepal for leisure tourism and adventure activities. Tourism plays vital role in Pokhara since thousands of tourists visit Pokhara every year.

Optional: Bungee Jump in Pokhara is available at an extra cost.

Duration: 10 Days

Cost: USD 1390

Destination: Nepal

Day 01: Kathmandu .

Upon arrival In Kathmandu, you will be met with our representative and transfer to your hotel. Check in to hotel and free for rest of the day at your own.

Day 02: Day Hike to Shivapuri National Park 5 to 6 hours hike.

In the morning after breakfast, we will drive around 30 minutes to reach Budanilkantha Temple from where we will start our Hiking. Hiking to Shivapuri is a short and easy adventure near to the capital city Kathmandu. After starting our hike we will pass through Nepal Army check point and continue and come across Nagi Gompa (Monastery) located at a height of 2300m. This hike will provide us with beautiful National Park walking experience with bird watching, views of Kathmandu valley, greenery, wilderness and a spiritual visit of Budhanilkantha Temple. We will reach the top of Shivapuri hill and enjoy the spectacular views. Later after some moment, we will hike back to the starting point where our car will be waiting for us to drive us back to our hotel.

Breakfast & Packed Lunch Included

Day 03: Drive to Pokhara. Enroute Rafting in Trishuli River.

Today we are going to have a thrilling rafting experience in Trishuli River. Wake up early morning and drive to Charaudi which is the starting point of our rafting trip. We will change and get a short briefing before we start our 3 hours rafting in the Trishuli River. Enjoy the unique experience and rapids along with beautiful views and landscapes. We will end our rafting trip in Kurintar and then get on our car and continue to Pokhara. Pokhara is a beautiful destination of Nepal having amazing landscape, lakes and mountain views.

Breakfast & Lunch Included

Day 04: Pokhara Adventure activities.

Pokhara is filled with outdoors and adventure activities. Today we will try Paragliding in Pokhara which provides very beautiful aerial views of the lakes, landscape and Himalayas with some thrilling experience. After paragliding we will join Zip line from Sarangkot Hill. The Zip line experience is filled with beautiful ride and classic views of Pokhara valley and the Annapurna mountain ranges. After lunch we will proceed to Fewa Lake and enjoy Kayaking for some time. Later in late afternoon, you will be going for a short walk on the outskirts of Lake Side area.

Breakfast Included

Day 05: Drive to Nayapul (2 hours) and trek to Ghandruk (1950m) 4 to 5 hours trek.

After breakfast drive to Nayapul and start walking to Ghandruk. Once we start our trek we will have a chance to see Modikhola Valley. The route skirts through lush forest leading finally to Ghandruk. [Ghandruk trek](#) provides sights of beautiful village of Gurungs, Magars, Chettri's & Brahmans and a good introduction to those people who has no time to do longer trek in the Himalayas. One can see wonderful close up views of sacred mountain Machhapuchare (Fishtail) and Annapurna south.

Breakfast, Lunch & Dinner included

Day 06: Trek to Birethanti and Nayapul and drive to Pokhara.

Enjoy the Spectacular views of Annapurna ranges in the morning from Ghandruk. After breakfast, we will trek down to Birethanti. Birethanti lies stretched beside the Modi River and have a resourceful town. Almost an hour beyond Birethanti, you will come to the main road (Nayapul) where you will be picked up by our vehicle and transferred to Pokhara. Upon arriving in Pokhara check in to your hotel and you can rest for some time. In the afternoon we will go for some walk in the nearby Lake side area and Pame.

Breakfast Included

Day 07: Drive back to Kathmandu 6 hours drive.

Today we will drive back to Kathmandu enjoying the landscapes and natural scenery along the way. Upon arrival in Kathmandu hotel, check in and free for the evening.

Breakfast Included

Day 08: Cable car ride and Kathmandu Sightseeing:.

We will drive to the base of **Chandragiri Hill** to take a **cable car ride** to the top of the Hill. You can enjoy

the spectacular views of the city and the wilderness during your cable car ride. On reaching Chandragiri, explore the place and enjoy the breathtaking views from top of the hill. Later we will take a cable car ride back to the base and continue for our sightseeing in Kathmandu.

We will visit the 2000 years old **Swoyambhunath Stupa, (UNESCO World Heritage Site)** also known as "Monkey temple" The temple charms with its great dazzling Stupa, while at the same time, offering a view of Kathmandu city. The two-thousand years-old Stupa is the most profound expression of Buddhist symbolism in Nepal. There's evidence to believe the hill was used for animist rites even before Buddhism arrived in the valley two thousand years ago.

Later we will visit **Khokana**. Khokana is a small Newari Village located just 6 kilometers from Patan. At Khokana traditional craftsmanship still takes an important role. Villagers can often be seen spinning, winnowing and crushing mustard seeds. Especially the latter is what Khokana is most famous for, it's mustard oil. The village has a broad street leading into its center. On the left side the three storied' Shree Rudrayani temple can be seen.

After exploring Khokana we will walk to **Bungmati**. This is an approximately 15 minutes' walk through the road dividing the agricultural land. Bungmati, just like Khokana, is a Newari village where traditional life still can be seen. The village houses the typical Newari buildings and has an interesting main square where one can view the Ganesh Temple and the Machhindranath Temple.

Breakfast Included

Day 09: Kathmandu Rim Mountain biking.

The outskirts of Kathmandu Valley is truly unique and beautiful. Today we will take a mountain biking ride on the outskirts or the rim of Kathmandu, where you can ride your bike with some off road experience and on beautiful landscape. You can even witness the daily lives of the semi urban side of Kathmandu. Your ride captain will take good care of you.

In the evening we will proceed for a farewell dinner with cultural show to celebrate the successful completion of your unique and enjoyable trip.

Breakfast, Lunch & Dinner Included

Day 10: Departure.

Today our representative will come to pick you up from your hotel and drive you to the Airport for your flight back home.

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